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PREFACE

Patricia Le Roux was certainly the Princess Scheherazade of homeopathy; more inspired than poor Ali Baba, who only managed to find the treasures of the forty thieves, she has given us the “open sesame” for sixty indispensable homeopathic remedies for paediatrics.

The unfortunate parents who go through the “thousand and one nights” with their sick children will seldom find a greater treasure than Patricia’s “Homeo-Kids”.

This book is no less than a new method of determining the most suitable remedy, by studying the symptoms and the behaviour of the little patients in their family environment at home, then at the office of the homeopathic physician. The encounter switches on the light of the projector, shedding light on **the** accurate remedy.

Homeo-Kids is a very original book which is directly applicable in the daily practice of both the new and the seasoned homeopath.

It is also recommended for other paediatric health professionals, child carers, and of course parents who wish to understand what homeopathy can offer to their beloved children.

Dr. Patricia Le Roux was a homeopathic paediatrician whose keen clinical observation and extensive experience placed her as one of the top teachers of paediatric homeopathy in France and in Europe.

Homeo-Kids is an elegant and indispensable work which imparts in those who read it the desire to study the numerous other books on homeopathic paediatrics written by the same author.

Dr. François Gassin

Former president of the National Syndicate of French Homeopathic Doctors

CARCINOSINUM

Carcinosinum is a nosode (made from human tissue) that is frequently used in homeopathic paediatrics.

Source: It is a therapeutic preparation made from breast cancer cells.

Key words:

Carcinosinum, child with sombre eyes, café au lait marks on skin. Often a significant family medical history (cancer, etc.) or abuse. Very concerned about the health and wellbeing of others.

THE CARCINOSINUM BABY



At home:

One finds a considerable medical history in the *Carcinosinum* family: alcoholism, anaemia, diabetes, cancer, infectious illnesses, especially mononucleosis (glandular fever) and other serious diseases. The development of this baby is often slow, though he can also be precocious. He sleeps poorly ever since birth, and prefers to lie with his arms above his head. He cries a lot, and his mood is made worse by music. He has a great desire to be caressed.

At the clinic:

This baby presents with pulmonary problems and cough. He has a characteristic sign: **café au lait spots** on his skin (light brown birthmark patches) as well as **blue sclera**. He often has **sleeping problems**.

Main clinical indications:

Asthma, after-effects of vaccinations, aversion to milk, insomnia, aphthae, otitis.



THE CARCINOSINUM CHILD

At home:

One sees a brown-haired child with patches on the skin: naevi and café au lait patches. In the family there is a **significant (medical) history**: cancer, diabetes, tuberculosis, suicide and possibly abuse of all kinds. The remedy is indicated following chickenpox, measles, mumps, whooping cough and intolerance or abundance of vaccinations.

He has a great desire for chocolate, ice cream, fruit, and dishes that are fatty or salty.

He is **well-ordered and meticulous**; he has a great fear of failure and he suffers acutely from anticipation; he can be anxious and somewhat hypochondriac. He is often very intelligent, though he might show signs of slow development. He is kind, sympathetic and impressionable, like *Phosphorus*, and he worries about the health of others. He is often **too responsible** and he cannot bear injustice. Also like *Phosphorus*, he has a fear of thunderstorms. He is easily upset but he does not like to be consoled, and he does not quickly forget slights. He has a **strong desire for harmony and beauty**, and a lively imagination. He **loves to dance and to sing, and he has a great love of animals**. He **tries to please and to live up to high expectations**, but this often makes him irritable and nervous. This is not an aggressive or capricious child, but he is stubborn, disobedient and prone to swearing. He might bite or hurt others. He is prone to tics, and to stuttering, and he bites his nails. He has frequent erections and is prone to masturbation. He becomes livelier in the evening and goes to bed late. He then sleeps poorly, being nervous and irritable, and he talks in his sleep. The slightest sound makes him anxious, and he has nightmares. He **sleeps on his tummy with his knees drawn up under him**.

At the clinic:

He comes for treatment of inflammatory illnesses, cough, pneumonia and **glandular fever**. He might have either diarrhoea or constipation.

Carcinosinum

He has adverse reactions to vaccinations, from which he might develop asthma, cough or convulsions. He is prone to dental caries and to acetoneuria.

Main clinical indications:

Insomnia, adverse reactions to vaccinations (asthma), severe infectious ailments or incidents, complaints following whooping cough, allergies such as hayfever, aphthae, rectal prolapse.

Conclusion:

Carcinosinum is a remedy for a slow but sensitive child with a heavy weight of family pathology in the background.

HEKLA LAVA

Hekla lava is a powder made from the lava of the Icelandic volcano Hekla, proved by Wilkinson. According to the geographers, this lava is capable of provoking a mandibular exostosis in sheep grazing in the area. This remedy has given good results in **bone problems**: necrosis, osteosarcoma, hip problems, scoliosis and childhood rachitis.

Source: Powder made from the lava of the Hekla volcano in Iceland.

Key words:

Hekla lava, child susceptible to **bone ailments**: mandibles, dental and bone caries, costochondral beading, **exostoses**.

THE HEKLA LAVA BABY



At home:

This is often a premature baby, often with cervical lymphadenopathy and **unstable hips** from birth. He is chilly, and irritable in the mornings.

At the clinic:

He is brought in due to bone problems and early dental caries, after a premature birth. He has hip dysplasia and difficult dentition. It is a good remedy for dental eruptions and deep-seated bone problems.

Indicated after mastoiditis.

Main clinical indications:

Difficult eruption of teeth, deep-seated bone problems, cervical lymphadenopathy.

THE HEKLA LAVA CHILD

At home:

This is an irritable child who is nervous in the mornings. He is sensitive to criticism and feels powerless: he has temper tantrums. It is indicated after a shock. He suffers from **cervical lymphadenopathy** in the form of a necklace.



At the clinic:

One can find **induration of lymph glands, with swollen and suppurating tonsils**. He has bone problems: exostoses of the fingers, tumours of the tibia, especially after an accident, osteitis, scoliosis and rachitis. He can also suffer from mastoiditis, polyps, obstructed nose and headaches. He presents with **hip problems and scoliosis**.

Main clinical indications:

Exostoses, mastoiditis, difficult dentition.

Conclusion:

Hekla lava is a chilly remedy indicated for bone problems in childhood.